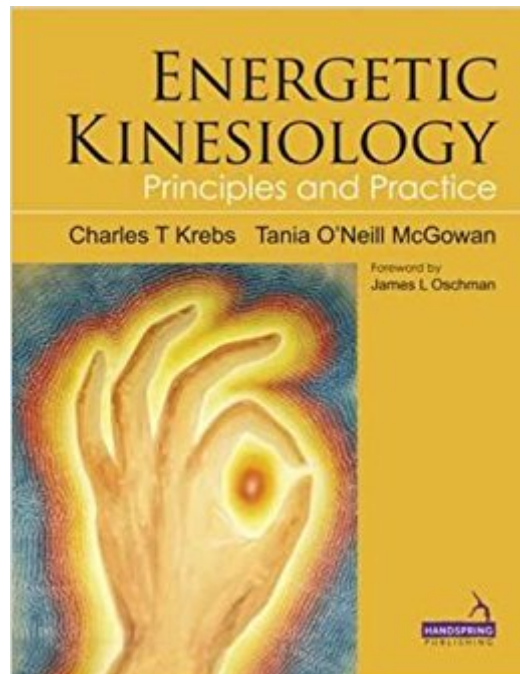


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Energetic Kinesiology



Synopsis

This comprehensive, fully referenced text aims to provide a foundation statement on energetic kinesiology in order to bring greater coherence to both its theory and practice.

Book Information

Paperback: 360 pages

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This book is an academic exposition of the strengths and weaknesses of both Applied Kinesology Vs Energetic Kinesiology. It carefully dissects and discusses the underlying assumptions and explains practical approaches in the context of published research. This book is not for the therapist who simply wants to push on a muscle in a given position and direction to determine if it is strong or weak. It moves the entire field from a follow a formula approach to a deep understanding of the complexities of the subconscious nervous system, conscious control of the nervous system, detailed muscle and proprioceptive physiology, therapist/client interaction, and the interaction of all these parameters. This is a well written and well researched book.

Charles Krebs is a genius and a sincerely nice and humble man. I met him once and was very impressed. As a practicing kinesiologist I find this book amazing and invaluable for its depth and scholarly approach. Dr. Krebs is a real scientist. His personal story is fascinating as told in his other book, *A Revolutionary Way of Thinking*.

The 2014 release of the book *ENERGETIC KINESIOLOGY* by Charles Krebs and Tania Oâ™Neill

McGowan is a milestone event in the evolution of SPECIALIZED or ENERGY KINESIOLOGY. This book summarizes many of the foundational tools of the modality, in the same way at more fundamental level the TOUCH FOR HEALTH, THE COMPLETE EDITION by John and Matthew Thie does.

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